

## Josephine Twist Crochet Ear Warmer Headband Pattern PDF

The Josephine Twist Crochet Ear Warmer Headband is the perfect way to combine functionality and fashion in one quick and rewarding make. As the chill of the season sets in, there's no better time to pick up your crochet hook and dive into a cozy, stylish project.

### Directions: Josephine Twist Crochet Ear Warmer Headband Pattern

#### Skill Level

Beginner Friendly

#### Gauge

12 Single Crochet and 14 rows every 4 inches.

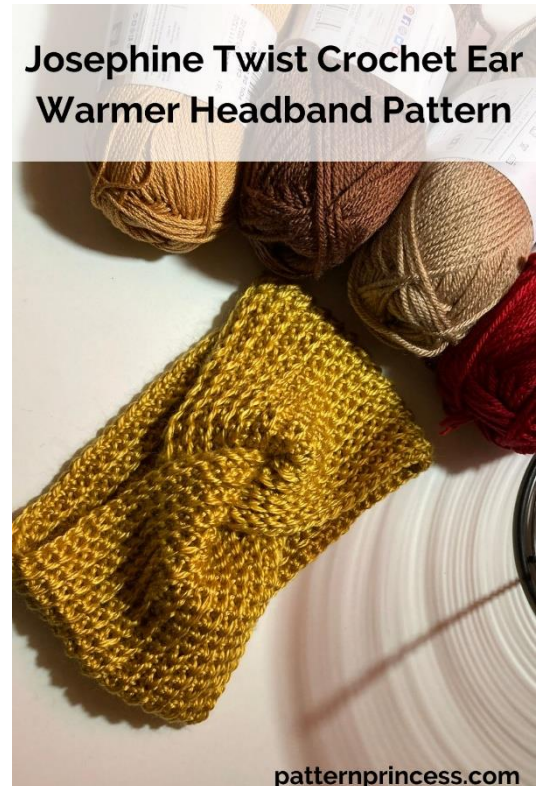
#### Size

5" X 19" long laying flat before joining. An average adult head size.

#### Changing the Size

**Measure as You Go.** If you're unsure about sizing, measure the headband around their head so you know how big around you need it. If you are not sure of what size to make it. I have a standard head size chart to help you.

You can make this with a different yarn rather than a medium weight. Just make sure you measure your beginning chain stitches to get the length and measure the width of the rows for the length.



## Average Head Sizes

Sizes	Head Circumference
Newborn to 3 Months	13" - 14"
3 to 6 Months	14" - 15"
6 to 12 Months	16" - 17"
12 to 24 Months	16" - 18"
2 to 3 Years	18" - 19"
3 to 10 Years	19" - 21"
Teen/Adult Small	21" - 22"
Adult Medium	22" - 23"
Adult Large	23" - 24"



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This headband is slightly stretchy. The length will stretch 1-3 inches. If the yarn you are using isn't as stretchy, make the band a little bit longer.

Here are my suggested sizes for the average head circumference sizes above.

- Newborn to 3 months = 6" around X 11" long. Laying flat 3" X 11"
- 3 to 6 months = 6" around X 12" long. Laying flat 3" X 12"
- 6 to 12 months = 6" around X 13" long. Laying flat 3" X 13"
- 12 to 24 months = 6.5" around X 14" long. Laying flat 3" X 14"
- 2 to 3 years = 6.5" around X 15" long. Laying flat 3" X 16"
- 3 to 10 years = 8" around X 15.5" long. Laying flat 4" X 17"
- Teen/Adult Small = 9" around X 17" long. Laying flat 4" or 5" X 18"
- Medium Adult = 9" around X 18" long. Laying flat 5" X 19"
- Large Adult = 9" around X 19" long. Laying flat 5" X 20"

### Abbreviations

- CH = Chain Stitch
- SC = Single Crochet Stitch
- SC BLO = Single Crochet Back Loop
- SL ST = Slip Stitch
- ST = Stitch



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- [ ] = Repeat Between

## Materials

150 yards of any medium weight yarn. I made the white ear warmer in Yarn Bee Soft Secret yarn in the color Honey.

Crochet Hook Size | 5.5 mm

Tapestry Needle

Scissors

Tape Measure

## Stitches

### Single Crochet in the Back Bump of the Chain Stitch

Insert the hook in the back bump of the chain stitch, pull up a loop. Yarn over and pull through the two loops on the hook.

### Single Crochet Back Loop Crochet (SC BLO)

Insert the hook in the back loop, pull up a loop. Yarn over and pull through the two loops on the hook.

## Pattern Notes

Pattern is written in US crochet terminology.

**Measure the headband rather than count the rows.** This way, you can use any leftover yarn you happen to have.

You can find You Tube Video step-by-step tutorials for both left hand and right hand crocheters below the written pattern.

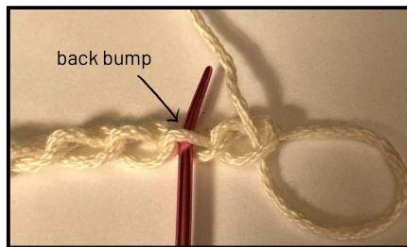
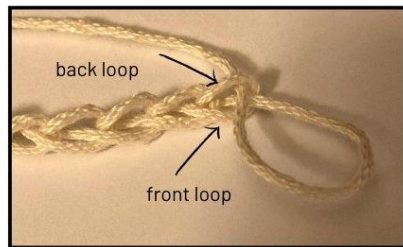
Turn after each row.

The chain stitch at the beginning of each row does not count as a stitch. Place the beginning stitch of each row in the very first stitch.

Since this pattern is reversible, there isn't a right side and wrong side.



## Single Crochet in the Back Bump



Insert the hook in the back bump, pull up a loop. Yarn over and pull through the two loops on the hook.



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## Pattern

Pattern is written for a medium adult head.

Medium Adult = 5" X 19" laying flat before joining.

**Start by making a slip knot and adding the loop on the hook.**

**Work enough chains to make 19 inches in length.** Join with a slip stitch to the first chain to form a circle. Making sure to not have any twists.

**Note:** For the Yarn Bee Soft Secret yarn, **it took 55 chains.** Use a tape measure to check.

However, here are some suggested starting chains for using a medium weight yarn.

- Ch 40 for 16"
- CH 45 for 17"
- CH 50 for 18"
- CH 55 for 19"
- CH 60 for 20"
- CH 65 for 21"
- CH 70 for 22"

### Row 1

Work in the back bump for this row. In the 2<sup>nd</sup> chain from the hook work a SC in the back ridge loop and in each ST across. Turn

### Row 2

CH 1 (Doesn't count as a ST). Work a Single Crochet Back Loop Crochet (SC BLO) in the same ST and in each ST across. Turn

### Row 3 and Beyond

Repeat row 2.

You can make this as wide as you like, I worked this pattern 27 rows. Which made mine 5 inches wide.



When you're done, leave a long tail. About 15-20 inches. You will be using this to sew the ends together.

This photo is of a different headband, but it shows how to fold the ends together for seaming.



## Final Steps

### Seaming Instructions: Folding and Sewing the Ends Together

1. Fold the band in half matching the ends together.
2. Fold the ends in half matching one end to the center of the other band.
3. The other band fold over the other side to the front.
4. Use the long yarn tail and yarn needle to sew the ends together. Starting on one end, insert the hook through all four layers and pull out the other side. Moving the needle over a little, insert it back through the layers and out the

other side. Continue working back and forth like this until you get to the other end.

When done, weave in the yarn ends and cut off the excess yarn.

Enjoy your beautiful twisted headband.

### **You Tube Video Tutorials**

Right hand video: <https://youtu.be/zKKLXbbTxzw>

Left hand video: <https://youtu.be/0B14bqYiHsl>

We hope that you have enjoyed this lovely crochet pattern.

XO

Vicky & Casey

