

## Sophia Snuggly, Cozy, and Easy Cowl Crochet Pattern PDF

The Sophia Snuggly, Cozy, and Easy Cowl Crochet Pattern is a must-try. I love how effortlessly stylish cowls look. Just slip one on, and you're all set.

The cowl can be made in different colors. Allowing you to customize it to suit your style or create unique gifts for loved ones.

It feels like you are using bulky yarn. This is made using a 4 medium weight yarn. It's a great way to experiment with bulky or worsted weight yarn, and you'll only need a skein or two to complete the project, 370 yards.

### Directions: Sophia Snuggly, Cozy, and Easy Cowl

#### Skill Level

Easy, beginner friendly

#### Gauge

15 stitches and 9 rows every 4 inches. Double crochet stitch used for the gauge.

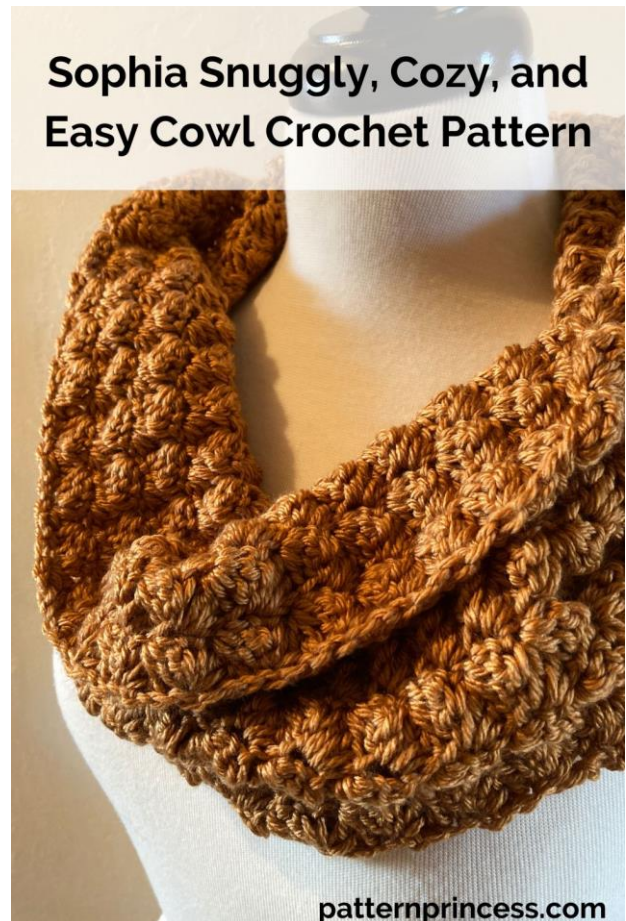
#### Size

11 inches wide X 35 inches long.

The width of the cowl can be changed using multiples of 3. Example of the multiples calculation: 3 X 4 Chain Stitches = 12 Initial Chain Stitches to start crochet project. Change the length by adding or decreasing rows.

#### Abbreviations

- CH = Chain
- DC = Double Crochet
- SC = Single Crochet
- SK = Skip



- SL ST = Slip Stitch
- ST = Stitch
- STs = Stitches
- [ ] = Repeat Between

## Materials

Skein Tones by Lion Brand Yarn in the color Honey. Each skein is 185 yards. I used 2 skeins for a total of 370 yards.

Crochet Hook Size | 5.5mm

Tapestry Needle

Scissors

## Pattern Notes

Written in US Terms.

The initial chain 2 at the beginning of each row will count as a double crochet.

Turn at the end of each row.

You will be making a rectangle. It is worked in rows and then later seamed to become a cowl.

**There is an alternative to row 2.** Rather than start the row with CH 2 and 2 DC, you can start the row with CH 1 and 2 SC

## Special Stitches

### Double Crochet

Yarn over, insert the hook through both loops and pull up a loop. Next, yarn over and pull through two loops on the hook. Lastly, yarn over again and pull through the last two loops on the hook.

[HOW TO CROCHET THE DOUBLE CROCHET STITCH](#) video tutorial

### Single Crochet

Insert the hook, pull up a loop. Yarn over and pull through the two loops on the hook.



## [HOW TO CROCHET THE SINGLE CROCHET STITCH](#) video tutorial

**How to Crochet the Blanket Stitch.** There is a whole blog post written with a photo tutorial and links to a video tutorial for both left and right hand crocheters.

<https://patternprincess.com/how-to-crochet-the-blanket-stitch/>

### **Crochet Pattern**

#### **Begin**

Make a slip knot and put the loop on the crochet hook.

Make a foundational chain of 42.

#### **Row 1**

2 DC in the 3rd CH from the hook, [SK 2 CH, in the next CH, SC and 2 DC].

Repeat from [ ] across until the last 3 CH. SK 2 STs and end with SC in last ST. Turn.

#### **Row 2**

CH 2, 2DC in Same ST. [SK 2 DC, in the next ST Work SC and 2 DC in SC in ST]. Repeat until the last 3 STs, end with a SC in the last ST. Turn

#### **Rows 3 through Row 86**

Repeat Row 2.

**When you have completed the last row.** Leave a yarn length of approximately 30 inches. You will be using this to sew the cowl ends together. **Note:** If you plan on working a slip stitch rather than sewing the ends together, don't cut off the yarn as you will be crocheting the ends together.

### **Joining the rectangle to create a circular infinity scarf**

You can use any method to join the ends. A slip stitch or a single crochet through both ends. You could use the yarn needle and work a whip stitch through both ends.



Today, I chose to work a whip stitch using the tapestry needle.

1. Align the ends of the scarf.
2. **Hint:** when placing your needle into the stitches to sew together, place it into the first row of blanket stitches itself. Not the chain stitch row. If you sew together using the chain stitch row, you'll end up with an unsightly gap. So, I skip that row and use the first row of blanket stitches to sew into.
3. Starting where you ended your last stitch, insert the needle in the stitch directly across. Pull the yarn through.
4. Move over to the next stitch and bring it back through the layers to the other side. Pull the yarn through.
5. Continue working steps 3 and 4 until you reach the end of the seam. Weave the yarn ends through and cut off the excess length.

Add this to your stash of go-to cowl patterns or trying out different styles. You are sure to love the simple design and overall look of this cozy cowl.

### **Blanket Stitch Video Tutorials**

The included video tutorial ensures that you'll have all the guidance you need, step by step.

Right Hand Tutorial

<https://youtu.be/3e51I98MpiQ?si=GFSAiZQTwmrxju9q>

Left Hand Tutorial

[https://youtu.be/iXn\\_UOVMICK?si=qM8SF2faeKMdXTIc](https://youtu.be/iXn_UOVMICK?si=qM8SF2faeKMdXTIc)

We hope that you have enjoyed this lovely crochet pattern.

XO

Vicky & Casey



# Row 1 and Row 2 of Sophia Cowl

## Row 2

### Row 1



### Multiple Rows Completed



<https://patternprincess.com>



## **Infinity Scarf**



## **Beginner-Friendly Crochet Pattern**

<https://patternprincess.com>