

Crochet Tension Quick Reference Guide

Tight Tension <ul style="list-style-type: none">✓ Hard to insert hook✓ Stiff, dense fabric✓ Tight starting chain✓ Small stitches	Fix it: <ul style="list-style-type: none">• Use a larger hook• Relax your grip• Let yarn flow more freely
Loose Tension <ul style="list-style-type: none">✓ Gaps between stitches✓ Floppy fabric✓ Hard to see stitches✓ Uneven rows	Fix it: <ul style="list-style-type: none">• Use a smaller hook• Add yarn resistance in fingers• Slow down stitching

Balanced Tension

- ✓ Even stitches
- ✓ Matches pattern gauge
- ✓ Smooth fabric drape
- ✓ Easy stitch identification

Quick Checks

- Too tight → go up a hook size
- Too loose → go down a hook size
- Not matching pattern → make a gauge swatch
- Uneven rows → slow down and reset rhythm

Golden Rule

👉 Don't aim for perfect tension—aim for consistent tension.

Tension, like all crochet skills, takes time. But with each project, each row, and even each frogged stitch—you're making progress.

